

Diabetic Retinopathy Pregnancy Protocol

1st pregnant appointment- Primary grader

Regardless of DR the patient should be placed in the **amber** triage queue, and the outcome should be 'refer to secondary grading soon.'

ALSO- write an adequate diabetic and pre-natal history e.g. Duration of diabetes, duration of gestation.

Secondary grader

Refer to ophthalmology soon regardless of DR.

This protocol does not apply to patients with gestational diabetes- they should not be screened.

Diabetic Retinopathy Pregnancy Protocol- OPDR

No DR-
Annual

May be discharged to

Recall if 2nd screen and still
no DR.

DR (not-severe) - Screen every 2 months.
(R1, early R2 and MNR)

Severe DR-
(late R2, M1, R3)
ophthalmology

Triage **amber** and
Refer to
soon.

ALSO- write an adequate diabetic and pre-natal history e.g. Duration of diabetes, duration of pregnancy.

